

# SOUTH WALES SHIRE HORSE SOCIETY



Charity No: 519067

## KEEPING IN TOUCH BULLETIN

**APRIL 2022**

Dear Member

Well here we are Spring at last. The Spring flowers are all beginning to show their happy smiling little faces, such a lovely time of the year which makes you feel on top of the world. I hope you all had a wonderful Easter and the Easter Bunny paid you a fun filled visit.







As you know Show Day is quickly approaching and I must say I am very much looking forward to it. From the beginning of this year SWSHS have received so much positive interest in our Show from everyone, exhibitors, traders, the public and even the press. The way things are going it appears that 2022 is going to be an amazing and spectacular turn out.

I mentioned in our previous keeping in touch bulletin that I believe we have some very exciting times ahead with SWSHS and I can confirm that the experience day that is being looked into is coming along in leaps and bounds. This experience day will be a day of harnessing and our Chairman and Secretary are at this moment and time ironing out all the final details. Confirmation of the date and venue of this SWSHS very first experience day/camp will be set out in our next Newsletter/Keeping in Touch Bulletin. I am very excited about this and although I am only someone in the background I am looking forward to having a go of this myself and learn so much as I am sure you are too.

**You will all by now have in your diary our Hands on Day to be held at Colloe Farm, Collafield, Little Dean, Gloucester, GL14 3LG.**

**Date: Saturday 30 April 2022**

**Time: 10.30am**

**Tea and Coffee will be provided but you will need to bring with you a packed lunch.**

I am looking forward to meeting up with you again where we can have a good old catch up and have just an amazing day and again learn so much from the truly

experienced icons. I would at this point like to thank both Jason and Kelly Holder for arranging this for special event for SWSHS.

I am very excited about the future of SWSHS with so much going on within the Society in promoting the Shire Horse and encouraging the younger generation we are continuing to go from strength to strength. As a Society we are so lucky to have so many experienced people willing to give up their precious time and energy and sharing their invaluable knowledge with our younger generation which ensures that not only are we promoting the Shire Horse but not losing the vital knowledge that is being passed down the generations.

### **Dates for Diary**

Hands on Day at Colloe Farm, Collafield, Little Dean, Gloucester, GL14 3LG on Saturday 30 April 2022 at 10.30am. (You will need to bring with you a packed lunch).

SWSHS setting up for the Show: Friday 1 July 2022 at Bailey Park, Abergavenny.

SWSHS Show Day: Saturday 2 July 2022 at Bailey Park, Abergavenny.

Talk by our Chairman Mr Malson Phillips about "What the Judges Look For": September/October 2022 Date to be confirmed.

Experience Day/Camp: Harnessing September/October 2022 Date to be confirmed.

2022 AGM Date to be confirmed.

I personally have some very exciting news that I would like to share with you. Both David and I are so very excited which is that my youngest daughter is expecting a baby, our first grandchild. I am just bursting at the seams and cannot stay quiet any longer that I have to share our wonderful news with you. Our grandchild is due in June and it only seems the other day when David and I had our two girls. How time goes by so quickly.

We have not had any recipes for a while so when I received from a very good friend of mine – Barbara - this Asparagus and Lemon Spring Spaghetti recipe to share with you all I was absolutely delighted. I can tell you that I have tried this out and it is absolutely gorgeous. It took just about 30 minutes to make from start to finish and it really did give me the Spring feeling.

### **Ingredients:**

8 ounces whole grain spaghetti, 8 ounces quick cook noodles, 4 tablespoons margarine, 1 medium onion sliced, 2 cloves of garlic chopped, 12 ounces of asparagus cut in 2 inch pieces, 1 cup halved grape tomatoes, 2 tablespoons lemon juice, 1 teaspoon lemon zest, ½ cup of crumbled feta cheese, 2 tablespoons chopped fresh mint or parsley.

### **Instructions:**

Cook spaghetti according to package directions. With 1 minute left on time add in your noodles. Cook 1 minute and drain keeping back 1 cup of pasta water.

While your spaghetti is cooking, melt two tablespoons in large pan or wok over medium heat. Cook onions and salt for 5 minutes or until tender. Add garlic and asparagus and cook for 2 minutes. Add tomatoes and cook for 2 minutes or until asparagus is tender-crisp and tomatoes are softened.

Add remaining 2 tablespoons of margarine, lemon juice and zest and ½ cup of pasta water. Toss vegetable mixture with pasta. Add additional pasta water if necessary and stir in feta and mint or parsley.

If you want to add a bit of crunch top it with toasted sliced almonds or walnuts.

I honestly hope you try this recipe out and enjoy it just as much as I did – just a lovely, nourishing quick and easy meal for Spring.

Thank you so much Barbara for letting me have this recipe that you found and for letting me share it. Spring really is in the air now and this meal really put a spring in my step, just beautiful.

As I am coming to an end of this Keeping in Touch Bulletin, as ever I am always looking for more volunteers to set up our Show and/or on Show Day, either for a couple of hours on the Friday to set up the Show, or the Saturday to help in jobs on Show Day or all day Friday or all day Saturday or both days. It is whatever time and how many hours you can give. There are so many jobs that are required to be done and we can always, always, do with the extra hands. If you do feel you are able to help out please contact me or our Secretary Mary Davies on the details set out below where you can let us know and we can discuss what job you would prefer to help out with. We would both love to hear from you. So if you feel you can give up a few hours or a day, or both days to help please contact Mary Davies or Dana Jones.

Finally I will end this April Bulletin with a couple of Jokes that I have recently been sent and hope they make you smile as it did me:

People have always named children after expensive things, Mercedes, Dior, Chardonnay. Next year, watch out for Electric, Gas and Petrol.

Do you remember those high winds we had recently – well I am not going to say it was windy but my wheelie bin had to go on a speed awareness course.

Thank you for sending these in for me to share – just brilliant.

If you have any news whatever it may be, recipes, jokes or sayings that you would like to share please let me know.

As always please visit our website at [www.swshs.org.uk](http://www.swshs.org.uk) and our social media platforms for all updates but if you do however have any queries please do not hesitate to contact us on the details set out below.

I thank you for your kind and continued support and please continue to keep safe.

**WE ARE ALL LOOKING FORWARD TO SEEING YOU AGAIN SOON  
SWSHS.**

Contact Details

**Secretary:** [the.secretary@swshs.org.uk](mailto:the.secretary@swshs.org.uk)

Events Co-Ordinator

Tel: 07835 459030

Email: [dana.jones@swshs.org.uk](mailto:dana.jones@swshs.org.uk)

Address: "Thorverton", Litchard Terrace, Litchard, Bridgend, CF31 1PN.